

what life groups are all about

Life Groups are our main strategy for encouraging a life of following Jesus. These groups will be focused on learning four life-giving practices. These practices form the pattern of each group, and we will be sharing stories from our week of how these practices are growing in our lives:

- **Life-giving Prayer:** Prayer for the purpose of being with God rather than getting something from God. This kind of prayer is focused on God (The King) and what he is doing (building his Kingdom) rather than on what I want him to do for me. We often use the words “glory, honor, and thanks” from Rev. 4:9 to structure our time.
- **Life-giving Truth:** This is the practice of telling ourselves God’s truth over and over again so that it sinks into our hearts and changes us from the inside out. Practically, this means we will think through the truth which we learned in the Sunday Sermon. We will help each other process the truth of God’s Word together.
- **Life-giving Relationships:** This is an invitation to authenticity, being honest with yourself and others about what’s really going on in our hearts, clinging to the hope that God himself is able and willing to heal our brokenness as we seek him together. This is where learning the truths of grace and humility really will manifest itself. Being real is better than being perfect. Practically this means we will seek to pray for heart issues, not surface issues. For example, someone might want prayer for a job – he might be laid off. We want to know how we can pray for his heart – maybe he realizes that he is struggling with trusting God to care for him. And so we would pray God’s will in this area.
- **Life-giving Impact:** Prayer is the work! We use the pattern of “Pray & Watch” – where we pray for those all around us and then watch for how God is working in their lives. When we see the Lord working, then we both rejoice and respond.

Life Groups are what we do during the week—we don’t have other programs. So if you want to be involved beyond Sunday morning, this is for you! We have men’s, women’s, teen’s, and couples’ groups meeting. And if you want to learn more about these Four Life-giving practices and how they work, tell us you are interested in being part of our 4 week “Getting to know LEFC” where we share about these practices, our mission, and our values.



For the week starting Sunday,
March 20th, 2016

**Jesus' blood was poured out
for me.**

Exodus 12:1-13

Life-giving Prayer (about 10 min)

1. Do you have any stories to share this week about worshiping God in the everyday stuff of life?

2. Try using the simple sentences below, filling in the blank. You could spend a bit of time on “glory”, people completing the sample sentence as many times as they want. Then move onto “Honor” and then “Thanks”.

Glory: God, it’s amazing that you _____.

Honor: God, I choose (or want or surrender) _____ to you.

Thanks: God, thank you for _____.

3. Look at the bulletin from Sunday. Go through the Scripture or a song and see if you can pick out statements that give God glory, honor, or thanks.

Life-giving Truth (about 45-55 min)

There are a lot of questions here. Your Life Group Coach will pick out a few below that are best suited for your Life Group to help process this week's Life-giving Truth. Don't try to answer every question – just think through a few together.

1. Last week's truth: Did you think about last week's Life-giving Truth *Jesus calls me to follow him without reserve*? Was there a situation in your life this week when this Life-giving Truth was (or could have been) applicable?
2. Read Exodus 12:1-13. Now, imagine someone says “I don't understand what Passover is” - how would you describe it from this passage?
3. Have you been part of a “Seder meal”? This is a Christian or Jewish meal explaining the Passover. What was it like?
4. What were some of the parallels Pastor Tom made in Sunday's message between the Passover in the Old Testament and Jesus being the True Passover Lamb that God was preparing people to recognize?
5. Jesus is often described as the lamb. For example, see John 1:29, 1 Cor. 5:7, 1 Pet. 1:18-19, Rev. 5:12-13, and Rev. 7:14. In each of these passages, why does the author describe Jesus as a lamb? Look at the way the lamb is described to catch why the author draws on the image.
6. “Blood” in the Bible often means “a life violently taken”, and not just the literal blood. See Judges 9:24, Matthew 27:25, Rom 5:9-10, and Heb. 9:14-15, . With this in mind, respond to Kyle who says “The Bible says Jesus’ blood covers our sins. So if Jesus had lived in our day, could he have he just done a bunch of blood transfusions from him and dabbed some on each person? Would that have gotten rid of the guilt of sin?”
7. In what way does the rescue from Egyptian slavery parallel rescue from the power of sin? See Rom. 6:16-17 to jump start your thinking.
8. What are the parallels you see between the blood on the doorpost during the Passover and the blood of Jesus turning away the wrath of God? See Rom. 5:9.

9. The Bible says that Christ was sinless: Luke 4:13 (context is Jesus didn't fall for the Devil's temptation), John 8:29, John 15:10, 2 Cor. 5:21, Heb. 4:15, 1 Peter 2:22, and 1 John 3:5. Yet surveys say that people believe Jesus was historical (92% by one survey), but believed that he sinned just like everyone else (52% of the same survey). So think about this: if Jesus had sinned even in little ways, would it really make any difference to us?

10. Someone says, “My sin was so bad it can't just be forgiven. I need to do something else to show how sorry and sincere I am.” How might the Life-giving Truth *Jesus poured out his blood for me* help?

11. When you are convicted that you have sinned, how would the truth *Jesus poured out his blood for me* be of help to you?

12. What songs lyrics do you know that remind you of the truth that *Jesus poured out his blood for me*?

Life-giving Relationships (about 5-10 min)

If we have prayed for you in the past weeks, have you seen any way, small or large, that God is healing you?

Does anyone want healing prayer this week? Remember, this is praying for the heart of you, the person, not the circumstances you are going through or other people in your life. Is there anything churning in your heart that we can pray for?

Life-giving Impact (about 10 min)

1. Does anyone have any Pray & Watch stories from this week? Did you make a plan and follow through with getting together with anyone on your Pray & Watch list?

2. Get your your Pray & Watch list. Let's spend our last minute or two together praying over all these names together.