

what life groups are all about

Life Groups are our main strategy for encouraging a life of following Jesus. These groups will be focused on learning four life-giving practices. These practices form the pattern of each group, and we will be sharing stories from our week of how these practices are growing in our lives:

- **Life-giving Prayer:** Prayer for the purpose of being with God rather than getting something from God. This kind of prayer is focused on God (The King) and what he is doing (building his Kingdom) rather than on what I want him to do for me. We often use the words “glory, honor, and thanks” from Rev. 4:9 to structure our time.
- **Life-giving Truth:** This is the practice of telling ourselves God’s truth over and over again so that it sinks into our hearts and changes us from the inside out. Practically, this means we will think through the truth which we learned in the Sunday Sermon. We will help each other process the truth of God’s Word together.
- **Life-giving Relationships:** This is an invitation to authenticity, being honest with yourself and others about what’s really going on in our hearts, clinging to the hope that God himself is able and willing to heal our brokenness as we seek him together. This is where learning the truths of grace and humility really will manifest itself. Being real is better than being perfect. Practically this means we will seek to pray for heart issues, not surface issues. For example, someone might want prayer for a job – he might be laid off. We want to know how we can pray for his heart – maybe he realizes that he is struggling with trusting God to care for him. And so we would pray God’s will in this area.
- **Life-giving Impact:** Prayer is the work! We use the pattern of “Pray & Watch” – where we pray for those all around us and then watch for how God is working in their lives. When we see the Lord working, then we both rejoice and respond.

Life Groups are what we do during the week—we don’t have other programs. So if you want to be involved beyond Sunday morning, this is for you! We have men’s, women’s, teen’s, and couples’ groups meeting. And if you want to learn more about these Four Life-giving practices and how they work, tell us you are interested in being part of our 4 week “Getting to know LEFC” where we share about these practices, our mission, and our values.



For the week starting Sunday,
October 9th, 2016

This World is Passing Away

I John 2:7-11

Life-giving Prayer (about 10 min)

1. Do you have any stories to share this week about worshiping God in the everyday stuff of life?

2. Try using the simple sentences below, filling in the blank. You could spend a bit of time on “glory”, people completing the sample sentence as many times as they want. Then move onto “Honor” and then “Thanks”.

Glory: God, it’s amazing that you _____.

Honor: God, I choose (or want or surrender) _____ to you.

Thanks: God, thank you for _____.

3. Look at the bulletin from Sunday. Go through the Scripture or a song and see if you can pick out statements that give God glory, honor, or thanks.

Life-giving Truth (about 45-55 min)

There are a lot of questions here. Your Life Group Coach will pick out a few below that are best suited for your Life Group to help process this week's Life-giving Truth. Don't try to answer every question – just think through a few together.

1. Last week's truth: Did you think about last week's Life-giving Truth *When I walk in the light I will love others*? Was there a situation in your life this week when this Life-giving Truth was (or could have been) applicable?
2. Read 1 John 2:12-17 out loud in your group. Was there anything that caught your attention as you read it this time?
3. What do you notice, appreciate, find amazing, or find confusing about Jesus or his actions in this passage?
4. What was one thing you learned from the sermon on Sunday?
5. What was one question you have from the sermon on Sunday?
6. Look at these verses in 1 John that talk about the nature of the “world”: 2:17, 3:1, 3:13, 4:4-5; 5:19. What do you learn from these verses that help us know what so sinister about the “world”?
7. The underlying problem with the “world” is that it rejects God's sovereign right to say what is “light” and what is “darkness”. Each person in the world insists on following what is right in his or her own eyes. What is so perilous about “doing what is right in your own eyes”?
8. What are some of the areas in our Christian churches that you think have bought into “worldly thinking”?
9. Read 1 Timothy 4:1-5. This passage deals with a harsh reaction to the “world” - a rejection of the good things God created in the physical world. How do Paul's instructions here help us not to reject the good things God has created?

10. Consider the “desires” John mentions and what you are susceptible to:
 - Desires of the flesh: What physical appetites do you long to give into?
 - Desires of the eyes: what are the things you want? That you struggle to be content without?
 - The pride of life: what are the things you find your significance in, your worth in, your hope in?
11. Can you think of a situation in your life where the truth “this world is passing away” would be applicable?

Life-giving Relationships (about 5-10 min)

If we have prayed for you in the past weeks, have you seen any way, small or large, that God is healing you?

Does anyone want healing prayer this week? Remember, this is praying for the heart of you, the person, not the circumstances you are going through or other people in your life. Is there anything churning in your heart that we can pray for?

Life-giving Impact (about 10 min)

1. Does anyone have any Pray & Watch stories from this week? Did you make a plan and follow through with getting together with anyone on your Pray & Watch list?
2. Get your Pray & Watch list. Let's spend our last minute or two together praying over all these names together.