

## what life groups are all about

Life Groups are our main strategy for encouraging a life of following Jesus. These groups will be focused on learning four life-giving practices. These practices form the pattern of each group, and we will be sharing stories from our week of how these practices are growing in our lives:

- **Life-giving Prayer:** Prayer for the purpose of being with God rather than getting something from God. This kind of prayer is focused on God (The King) and what he is doing (building his Kingdom) rather than on what I want him to do for me. We often use the words “glory, honor, and thanks” from Rev. 4:9 to structure our time.
- **Life-giving Truth:** This is the practice of telling ourselves God’s truth over and over again so that it sinks into our hearts and changes us from the inside out. Practically, this means we will think through the truth which we learned in the Sunday Sermon. We will help each other process the truth of God’s Word together.
- **Life-giving Relationships:** This is an invitation to authenticity, being honest with yourself and others about what’s really going on in our hearts, clinging to the hope that God himself is able and willing to heal our brokenness as we seek him together. This is where learning the truths of grace and humility really will manifest itself. Being real is better than being perfect. Practically this means we will seek to pray for heart issues, not surface issues. For example, someone might want prayer for a job – he might be laid off. We want to know how we can pray for his heart – maybe he realizes that he is struggling with trusting God to care for him. And so we would pray God’s will in this area.
- **Life-giving Impact:** Prayer is the work! We use the pattern of “Pray & Watch” – where we pray for those all around us and then watch for how God is working in their lives. When we see the Lord working, then we both rejoice and respond.

Life Groups are what we do during the week—we don’t have other programs. So if you want to be involved beyond Sunday morning, this is for you! We have men’s, women’s, teen’s, and couples’ groups meeting. And if you want to learn more about these Four Life-giving practices and how they work, tell us you are interested in being part of our 4 week “Getting to know LEFC” where we share about these practices, our mission, and our values.



For the week starting Sunday,  
December 18, 2016

## God Is My Loving Father

**Galatians 4:1-7**

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### Life-giving Prayer (about 10 min)

1. Do you have any stories to share this week about worshiping God in the everyday stuff of life?

2. Try using the simple sentences below, filling in the blank. You could spend a bit of time on “glory”, people completing the sample sentence as many times as they want. Then move onto “Honor” and then “Thanks”.

Glory: God, it’s amazing that you \_\_\_\_\_.

Honor: God, I choose (or want or surrender) \_\_\_\_\_ to you.

Thanks: God, thank you for \_\_\_\_\_.

3. Look at the bulletin from Sunday. Go through the Scripture or a song and see if you can pick out statements that give God glory, honor, or thanks.

## Life-giving Truth (about 45-55 min)

*There are a lot of questions here. Your Life Group Coach will pick out a few below that are best suited for your Life Group to help process this week's Life-giving Truth. Don't try to answer every question – just think through a few together.*

1. Last week's truth: Did you think about last week's Life-giving Truth *God's Love Changes Me*? Was there a situation in your life this week when this Life-giving Truth was (or could have been) applicable?
2. Read Galatians 4:1-7. What was one thing that you learned from the teaching on Sunday?
3. What was one thing that you had a question or concern from the teaching on Sunday?
4. Human fathers fall far short of our Perfect Father in heaven. As you think about God as your Father, what are some of the experiences you had with your earthly father that has miscolored how you view God?
5. On the other hand, do you have any examples of how you have seen a father (either your own or someone else's) that you think have given you a good picture of our Heavenly Father?
6. Read Ephesians 1:3-8. What words here communicate that God really, truly, indeed loves us?
7. When Paul says that the Holy Spirit helps our human spirit cry out “Abba! Father!” do you get this? Or does it feel foreign?
8. What's the difference in how a slave relates to a master who bought him than how a son relates a father who adopted him?
9. Galatians 4:4-5 is a short outline of the Gospel. Pastor Tom pointed out the elements of the Gospel in these verses on Sunday. Try going around in your Life Group, each person taking one of the phrases in the verse and explain how it helps us understand the Gospel: **“But when the fullness of time had come” “God sent forth his Son,” “born of woman,” “born under the law,” “to redeem those who were under the law,” “so that we might receive adoption as sons.”**

10. Is there anything attractive to you about the way the Jews followed the Old Testament Law? If not, why do you think the people in Galatia found it an attractive concept to believe in Jesus and still obey some of the OT Law?

## Life-giving Relationships (about 5-10 min)

If we have prayed for you in the past weeks, have you seen any way, small or large, that God is healing you?

Does anyone want healing prayer this week? Remember, this is praying for the heart of you, the person, not the circumstances you are going through or other people in your life. Is there anything churning in your heart that we can pray for?

## Life-giving Impact (about 10 min)

1. Does anyone have any Pray & Watch stories from this week? Did you make a plan and follow through with getting together with anyone on your Pray & Watch list?
2. Get your Pray & Watch list. Let's spend our last minute or two together praying over all these names together.